December 2019

Olmsted Senior Activities

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30 SS Chair Yoga — OCC 10:00 Mah Jongg -JP (#) 2:00 Matter of Balance - JP	3 9-1 OSHIIP Rep - JP (#) 9:15 SS Exercise - OCC 10:00 Wii Bowling – JP 10:30 SS Exercise – OCC 1:00 Michelangelo: Mind of the Master - JP (#)	9:30 SS Chair Yoga – OCC 10:15 Field trip to Cleveland Museum of Art (\$#) 1:00 Watercolor - JP (\$)	5 10:00 Mexican Train Dominoes - JP (#) 11:00 Tai Chi Easy – JP (#)	9:15 First Friday Breakfast - JP (#*) 10:30 SS Exercise - OCC 11:00 Scrabble -JP (#) 12:00 BINGO (#) 1:00 Brain Fit - JP (#)
9 9:30 SS Chair Yoga – OCC 1:00 Happy Hour with Heart 2 Heart - JP (#) 2:00 Matter of Balance - JP	9:15 SS Exercise - OCC 10:00 Wii Bowling – JP 10:30 SS Exercise – OCC 12:00 Senior Quick Tips (#)	9:30 SS Chair Yoga – OCC 11:00 Scrabble -JP (#) 1:00 Watercolor - JP (\$)	12 10:00 OF Library-Holiday Fun - JP (#) 11:00 Tai Chi Easy – JP (#) 1:00 Music BINGO - JP (#)	9:15 SS Exercise - OCC 10:30 SS Exercise - OCC 11:00 Scrabble -JP (#) 12:00 BINGO (#) 1:00 Brain Fit - JP (#)
16 9:30 SS Chair Yoga — OCC 10:00 Mah Jongg -JP (#) 2:00 Matter of Balance - JP	9:15 SS Exercise – OCC 10:00 Wii Bowling – JP 10:30 SS Exercise - OCC 12:00 Update Meeting (#*) 1:00 Birthday Celebration (Oct-Dec) (#)	9:30 SS Chair Yoga — OCC 11:00 Scrabble -JP (#) 1:00 Watercolor - JP (\$) 6:00 Gift Wrapping - JP (#) 6:30 Tech Help - JP (#) 6:45 Social Security Update Webinar -JP (#)	19 10:00 Mexican Train Dominoes - JP (#) 10:30 Blood Pressure W/OFP 11:00 Tai Chi Easy- JP (#) 12:30 Lunch Out at Architectural Justice (#\$)	9:15 SS Exercise - OCC 10:30 SS Exercise - OCC 11:00 Scrabble -JP (#) 12:00 Christmas Party - OCC (#*) 1:00 Brain Fit - OCC (#)
9:30 SS Chair Yoga — OCC 10:00 Cookie Exchange/Decorating - JP (#)	JENKINS PLACE CLOSED OCC CLOSED	JENKINS PLACE CLOSED OCC CLOSED	26 JENKINS PLACE CLOSED	9:15 SS Exercise - OCC 10:30 SS Exercise - OCC 11:00 Scrabble -JP (#) 12:00 BINGO - JP (#) 1:00 Brain Fit - JP (#)
30 9:30 SS Chair Yoga – OCC 10:00 Art 101 w/Barbara - JP 12:00 Lunch & A Show - JP (#)	9:15 SS Exercise - OCC 10:30 SS Exercise - OCC JENKINS PLACE CLOSED	(JP) Jenkins Place (OCC) Olmsted Community Center (#) Registration Required (*) Light Meal Included (\$) Cost for Program	Christmas at the Village Green Sunday, December 1 @ 5:00 pm Carols, lighting of the gazebo tree, Santa & refreshments	OLMSTED TYPEOSE SECOMMUNITY THE COMMUNITY THE C

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The Jenkins Place Senior Center is funded in part by the Cuyahoga County Division of Senior and Adult Services through the Health and Services levy.

More information about the programs listed on the calendar can be found in our monthly newsletter, The Jenkins Observer. It can be found at www.olmstedfalls.org, the Jenkins Place and the Olmsted Community Center.

Please call Rachel at 440-427-2519 with questions.

GREEN TIP OF THE MONTH - December - 2019



Most of know we should recycle our plastic water bottles. But there are some things we may not be aware of. The lids can be recycled, but they must be put back on the bottle otherwise they may jam the sorting machines. Here at Jenkins place we are going to start collecting the water bottle lids to donate to a local church that recycles them. Look for collection containers we will use. The other thing we need to do is to remove the plastic labels on the bottles because they too will jam the machines. Also, squash the bottles to save room in the collection containers as well.

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If you have a Green Tip you would like to share, please contact Annette Towner, Sunshine Chairperson.